

Parent Opportunities

Parent Meetings

We want to hear from you! We need parent input to help make our program the best that it can be. Each classroom will be holding a Parent Meeting for the parents in our program. We want your ideas on what will make our program better, concerns you may have, and also the things you really like about our program.

Workshop Descriptions

READY! For Kindergarten - Birth to Age 5

This curriculum is focused on skills that a child needs before they start kindergarten. Parents will receive a bag of materials to use as they work with their child on language and literacy, math and social/emotional skills. The activities encourage movement, play, exploring, and communicating. Pick Up or Drop off will be arranged.

Join Zoom Meeting: <https://zoom.us/j/92523236546?pwd=actDaEVSJU1tL1dQS3B1TdpSmU0UT09>

Meeting ID: 925 2323 6546 Passcode: nd00BE

Love and Logic

The Love and Logic approach to parenting is built around crafting caring and respectful relationships. Loving connection between parents and their children is the root of a healthy, thriving relationship built on trust and understanding. The program strategies and techniques will help you create calm and loving solutions.

Through this program, you will learn techniques that :

* Teach responsibility and character * Lower your stress level * Have immediate and positive effects

Join Zoom Meeting: <https://zoom.us/j/99307081927?pwd=ZnhMSGtmcEZVRdJFb05wUUJXd2w4dz09>

Meeting ID: 993 0708 1927 Passcode: A8r3Fy

24/7 Dads

Fathers and very important males play a big role in helping children develop! This program will help strengthen that role. Topics include anger management, becoming a Nurturing father, Values, What it means to be a man, showing and handling feelings All dads, grandfathers, uncles, and other very important males are welcome. This is an 4week interactive class.

Join Zoom Meeting: <https://zoom.us/j/93911732515?pwd=WTRqdXA4c1lzQ0lGdlp4MVpvVmFZUT09>

Meeting ID: 939 1173 2515 Passcode: KV5WdV

Sweet Dreamzzz!

Getting enough sleep is very important for young children. Do you know how much sleep your child needs? Do you need ideas of how to get your child to sleep at night? Attend this workshop to learn more about how important sleep is and tips for a peaceful bedtime!

Join Zoom Meeting: <https://zoom.us/j/97102615870?pwd=RmJmNmJlQnNZZEXDQTBaTlhaQ1hGdz09>

Meeting ID: 971 0261 5870 Passcode: Lw68dz

A Bedtime Story

Cuddling with your parents, grandparents, or siblings to listen and interact with a story before happily drifting off to sleep. Children need a good night's sleep to help them learn and grow. This restful, rhyming storybook features adorable animals, children will love, and tips for parents and caregivers to make getting ready for bed easy an enjoyable for everyone. Head Start children that attend will receive the story, "Sweet Dreams Ahead Time for Bed".

Join Zoom Meeting: <https://zoom.us/j/99378533122?pwd=WHVzUnBadFEONXhNWjZpWwWJTK0FMZz09>

Meeting ID: 993 7853 3122 Passcode: ZW9kpG

To enroll for the trainings or for more information, please call Sharon Rogers, Derrick Gilliam, Lisa Delgado or Katy VanSchoten at (517) 999-2730.

NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 24/7 Dad 5:30-6:30pm	2	3	4	5	6
7	8 24/7 Dad 5:30-6:30 pm	9 READY! for Kindergarten 10:00-10:45 am Sweet Dreamzzz 11:00-11:30am Love and Logic #2 2:00-3:30pm & 6:30-8:00pm	10 Love &Logic #2 10:00-10:30am READY! for Kindergarten 11:00-11:45am Sweet Dreamzzz 2:00-2:30pm 24/7 Dad 10:00 -11:00am Yoga 3:30-4:00pm and 4:30-5:00pm	11 Agency Closed Grow with Google, Digital Skills 8:30am	12	13
14	15 24/7 Dad 5:30-6:30 pm	19 READY! for Kindergarten 10:00-10:45am Sweet Dreamzzz 11:00-11:30am Love and Logic #3 2:00-3:30pm & 6:30-8:00pm	20 Love &Logic # 3 10:00 -11:30am READY! for Kindergarten 11:00-11:45 am Sweet Dreamzzz 2:00-2:30pm 24/7 Dad 10:00-11:00am	21 Love &Logic #3 11:00am-12:30pm Sweet Dreamzzz 10:00-10:30am READY! For Kindergarten 2:00-2:45pm	19 Policy Council 9:00am- 12:00pm	20
21	22 24/7 Dad 5:30-6:30 pm Bedtime Story 6:30-7:00pm	23 READY! for Kindergarten 10:00-10:45am Sweet Dreamzzz 11:00-11:30am Love and Logic #3 2:00-3:30pm & 6:30-8:00pm	24 Make-up missed class (517-999-2730) 24/7 Dads 10:00-11:00am Love and Logic #4 10:00-11:30am	25 Agency Closed	26 Agency Closed	27
28	29 24/7 Dad 5:30-6:30 pm	30 READY! for Kindergarten 10:00-10:45am Sweet Dreamzzz 11:00-11:30 am Love and Logic #1 2:00-3:30pm & 6:30-8:00pm				