**LINKS CAN BE TURNED IN ANY TIME DURING THE SCHOOL YEAR**

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<th>Office Use</th>
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**Cooking**
Let your child help put the groceries away. Help them figure out if the item goes in the refrigerator or the cupboard.

13

**Physical Activity**
Stretch a piece of yarn or string on the floor. Practice walking on it forwards, backwards and sideways. Try jumping over it!

5

**Language**
Ask your child about their day. Where did you play? Who did you play with?

9D

**Science**
Play “What is Rain”. (see back)

27

**Math**
Play “Egg Toss”. (see back)

6

**Social Studies**
Practice a family fire drill. Remember to find a meeting place. Be sure to check the batteries in your smoke detector.

29

**Cooking**
Make “Bunny Salad”. (see back)

22A

**Cognitive**
Take turns acting like different animals. Have the other person try to guess what animal you are.

27

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<th>Teacher Use</th>
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**Arts**
Make an animal mask from a paper plate. Use crayons and markers to decorate. Cut out eye holes and attach with string.

33

**Social Emotional**
Call a friend or family member who you haven’t talked to in a while. Tell them how special they are to you.

2D

**Science**
Go outdoors and look at the sky. Are there stars? Clouds? What do the clouds look like?

27

**Liters**
Print your child’s name and let them trace over it using crayons or markers.

7B

**Language**
Sing “The Bear Went Over the Mountain”. (see back)

34

**Literacy**
Sing “The Bear Went Over the Mountain”. (see back)

17B

**Physical Activity**
Go on a nature walk and collect items you find outdoors (such as leaves, rocks and pinecones).

4

**Physical Activity**
Stretch a piece of yarn or string on the floor. Practice walking on it forwards, backwards and sideways. Try jumping over it!

5

**Language**
Ask your child about their day. Where did you play? Who did you play with?

9D

**Science**
Play “What is Rain”. (see back)

27

**Math**
Measure your child against a door or wall. Place a piece of tape on that spot. Go back in a few months to see their growth.

22A

**Cooking**
Make “Bunny Salad”. (see back)

7A

**Social Emotional**
Call a friend or family member who you haven’t talked to in a while. Tell them how special they are to you.

14B

**Arts**
Make an animal mask from a paper plate. Use crayons and markers to decorate. Cut out eye holes and attach with string.

33

**Social Emotional**
Call a friend or family member who you haven’t talked to in a while. Tell them how special they are to you.

2D

**Science**
Go outdoors and look at the sky. Are there stars? Clouds? What do the clouds look like?

27

**Literacy**
Draw a picture of your favorite toy. Write a story about it. Include where you got it and why it’s your favorite toy.

17B

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<th>Parent/Caregiver Name: ____________________________</th>
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<th>Classroom: ____________________________________________</th>
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<th>Staff Signature: ____________________________</th>
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** ** LINKS CAN BE TURNED IN ANY TIME DURING THE SCHOOL YEAR**
**What is Rain?**

Take your child outside for 5-10 minutes while it is sprinkling. Ask the following questions:

**TASTE:** Catch some raindrops on your tongue. How does rain taste?

**SOUND:** Listen to the rain. What do you hear as the drops hit the ground? What does it sound like when you walk through wet grass or a puddle?

**SIGHT:** How do things look when they get wet? What does rain look like as it comes down through the air? Look for a drop on a leaf or a piece of grass. What does the drop look like?

**SMELL:** Take a deep breath through your nose. What words describe the smell of rain?

**TOUCH:** Catch some raindrops on your face and in your hands. How does the rain feel on your skin? How does the wet ground feel?

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**Weekly Parent Tip: Language Development**

Here are some ways to encourage continued language development:

- Talk with your children whenever possible and as often as possible.
- Get close and listen—your child should be able to see your lips and facial expressions.
- When your child says something to you, respond whenever possible.
- Talk about what you are doing during your daily activities.
- Tell stories every day about things from the past or things that will happen.
- Sing songs and read books every day!

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**The Bear Went Over the Mountain**

The bear went over the mountain,
The bear went over the mountain,
The bear went over the mountain,
To see what he could see.

   To see what he could see,
   To see what he could see,
   The bear went over the mountain,
   To see what he could see.

The other side of the mountain,
The other side of the mountain,
The other side of the mountain,
Was all that he could see.

   Was all that he could see,
   Was all that he could see,
   The other side of the mountain,
   Was all that he could see.

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**Bunny Salad**

- Canned pear halves
- Cottage cheese
- Maraschino cherries
- Almond slices
- Mint-chocolate chips
- Lettuce

Put a lettuce leaf on a small plate. Place a canned pear half on it, rounded side up. Use 2 mini-chocolate chips for eyes, 2 almond slices for ears, and half a maraschino cherry for a nose. Add a spoonful of cottage cheese for the tail.

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**Egg Toss**

Find a partner. Have the pair stand a few feet apart from each other. Give each pair a plastic egg. Encourage them to toss their plastic egg to their partner. Each time they catch the egg, take one step back. Continue playing until they are too far apart to catch the eggs!